

Winter Break 2023

INSHALLAH EVERYONE HAS A GREAT FUN AND RELAXING WINTER BREAK!

GOAL: DISCONNECT FROM SOCIAL MEDIA!

BELOW ARE SOME IDEAS FOR CONSTRUCTIVE YET FUN WINTER BREAK ACTIVITIES!

- ✓ Read a book for fun (a genre of your choice!)
- ✓ Volunteer (volunteer opportunities listed on GC or the main website)
- ✓ Ice Skate or Sledding with family and friends!
- ✓ Build Something! (with Legos!)
- ✓ Plan for 2024, set some personal and academic goals!
- ✓ Journal (reflect on 2023 the good times and the struggles).
- ✓ Learn how to cook or bake something new!
- ✓ Reconnect with a friend or family member that you talked to in a while (virtually or in-person).
- ✓ Create your own exercise routine, or practice yoga or meditation.
- ✓ Practice for PSAT or SAT using Khan Academy.

[HTTPS://WWW.KHANACADEMY.ORG/TEST-PREP/DIGITAL-SAT](https://www.khanacademy.org/test-prep/digital-sat)

- ✓ Research careers that you are interested in using this website:

[HTTPS://WWW.BLS.GOV/OOH/A-Z-INDEX.HTM](https://www.bls.gov/ooH/A-Z-INDEX.HTM)

[HTTPS://WWW.BLS.GOV/K12/STUDENTS/CAREERS/CAREER-EXPLORATION.HTM](https://www.bls.gov/k12/students/careers/career-exploration.htm)

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